



Autumn 2019 Schedule

October ~November~December

16 Iris Lane, Jeffersonville, VT ~ (802) 323-9555 ~ SteppingStoneYoga.com

All offerings below fall within the SSYS membership except donation-based classes and 20% off workshops.

Sunday	8:00-9:00am 9:05-10:05am *10:10-10:40am *pre-registration>	All-Levels Yoga Qi Gong *Zazen Meditation, \$5 To sign-up, email-->	Jim “ “ jrobicsek@yahoo.com
Monday	9:30-10:45am 5:15-6:30pm 645p -8p	All-Levels Yoga Intermediate+ Yoga (Rocket/Ashtanga) Broga	Pippa Leigh “
Tuesday	8:15-9:15am October:6:45-7:45p November:7:30-8:30p December: 6-7:15pm	Intermediate+ Yoga Healing Core Yoga Yin Yoga Yin Yoga	Pippa Pippa “ “
Wednesday	9:30-10:45am 6:00-7:15pm *10/30 6-7:30pm *Registration required	Beginner Yoga Gentle Flow Yoga *Special Healing Vibrations & Restoration Yoga	Pippa Jenny Guest Artists: Kuf Knotz & Christine Elise
Thursday	*8:15-9:15 am *(Oct. & Dec. only) 6:15-7:30p	By-donation Community Qi Yoga All-Levels Yoga	Annette Pippa
Friday	9:30-10:45am *11/1 7:30p & 12/6 6p *Registration required	All-Levels Yoga *Sound Healing Restorative	Pippa Tammy & Pippa
Saturday	10-11am Family & Kids Yoga	By-Donation Community Yoga Registration required	W/Beginner Teachers: Annette, Erin or Rebecca Frannie

Holidays subject to change in schedule, to view Thanksgiving and late December shifts, visit:

Steppingstoneyoga.com/viewschedule & Registration link: steppingstoneyoga.com/allofferings

Studio pricing:

Recurring Monthly Memberships: \$40(1 class/week); \$65(2classes/week); \$89(Unlimited)Class Cards: 10- \$150, 5-
\$80; Drop-ins: \$17 & Carpool discount: \$25/duo; Privates: \$70/hr & 4-session pack: \$220