LIVE YOGA WITH PIPPA DORFMAN

REGISTRATION REQUIRED: STEPPINGSTONEYOGA.COM

OCTOBER 2020

DECK ONLY - WEATHER PERMITTING T & Th 545PM-645PM

Su 10AM

ONLINE STUDIO ONLY

M 7AM W 6AM & 6:30PM

F 9AM Sa 10AM

SPECIALTY OFFERINGS: WEDNESDAYS 6:30P - ZOOM.

LUNAR 10/7
WARRIOR WORK 10/14
YIN RESTORATIVE 10/21

HEALING CORE 10/28

LUNAR YOGA, SIGN-UP SEPARATELY:

INTRO: 10/7 NEW MOON- 10/16 FULL MOON- 10/31



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