

Post-COVID-19 Phased Re-opening of Stepping Stone Yoga:

Stepping Stone Yoga Studio will re-open to the public in Phases with monthly updates at the end of each month.

Phase I Re-opening Strategy

Part I. (effective June 1)

With offerings on the outdoor Yoga deck (weather-permitting) and from our online platform, we are beginning to introduce in-person classes again! It is optional during these outdoor classes to wear masks and all those attending will maintain the six-foot physical distancing protocols.

To enroll in one of our classes in-person on the deck, live via our online studio, or via recording, head to steppingstoneyoga.com.

Part II. (Effective July 1)

With 6-foot physical distance between students, no hands-on assistance from teachers, we will continue to host socially responsible outdoor Yoga deck classes with 7 students at a time. Masks are optional. Zoom Live & recorded class options as well.

Please note that everyone attending class must register.

(<https://SchedulingPageSSYS.as.me/ssysclasses>) .

When we launch part II of Phase I, we will offer various options for attendance:

- 1. In-person outdoor Yoga classes on our beautiful octagonal Yoga deck with a limit of 7 students;*
- 2. Live-broadcast zoom classes with the limit of 100 students, and;*
- 3. Digital recordings of our classes available for one week following.*

Please note that everyone attending class must register.

No matter which class you would like to attend you will be required to register to save your spot (<https://SchedulingPageSSYS.as.me/ssysclasses>).

*Please be advised that mask-wearing is an option but that during Yoga may require a whole new level of self-observation and for everyone to take this into consideration and as his/her responsibility when attending practice with a mask. IF you feel faint or dizzy during Yoga practice while wearing a face mask, modify and/or find your way into child's pose, and if you do not feel safe wearing a mask while practicing Yoga or practicing in a place with those who do not choose to wear one, then please choose our live-broadcast and/or recorded sessions. *

To enroll in our classes now:

1. Registration is required prior to attending any of our classes:
<https://SchedulingPageSSYS.as.me/ssysclasses>
2. Follow enrollment prompts and you will then receive a link to the online platform Zoom.us
(create a quick account with them as well).

If you have any questions or did not see the access link, send an email to sacredcircleschool@gmail.com, and we can also send you the access link to class.

Members & Class-Card holders:

1. Sign-up at <https://SchedulingPageSSYS.as.me/ssysclasses>

Simply input your coupon code OR email address to redeem your specific subscription or discount.

If you are having trouble in any way please contact me directly at:

802-323-9555 (text or phone) or email at sacredcircleschool@gmail.com prior to class.

To the general Public/Drop-ins:

We are not taking drop-ins at this time. IF you would like to enroll as a member or card-holder, please visit our website, click, "memberships/packages" under the "Offerings" tab.

To ALL:

Head to Zoom.com (our online "meeting" platform) and quickly set-up a free account with them, or if you already have an account to make sure you have upgraded to 5.0 to move forward with ease. Once you input your email with them, then enroll in the class, you should receive the link to our live-broadcast, if not shoot us a quick email and we can send that info along.

Peacefully,

Pippa Dorfman

(802) 323-9555

SacredCircleSchool@gmail.com

SteppingStoneYoga.com