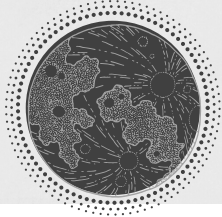


SEPTEMBER 2020 LIVE YOGA W/ PIPPA

1. OUTDOOR YOGA DECK (*Weather permitting*)
2. ONLINE STUDIO
3. One-on-ones



REGISTRATION REQUIRED FOR ALL OFFERINGS:

Email, Phone call, or website registration.

ALL CLASSES THIS MONTH: "ASANA VINYASA, OPENING TO THE PRACTICE OF GRATITUDE" ALL-LEVELS ENCOURAGED.

DECK

OR

ZOOM *Meeting ID: 813 9618 0129*
Passcode: 019112

For deck policies see website

Su

9AM

6TH & 20TH: 7:30PM YIN

M

7AM & 4:30PM

T

6P

W

6AM

Th

6P

F

9AM DECK
& ZOOM

11TH & 25TH: 7:30PM
RESTORATIVE

Sa

10AM

Special offerings this month: intentional group drum journey, Lunar Yoga, Yin Yoga, Restorative Yoga, and potential Leigh sighting via donation-based Rocket on the deck(!!!)... view website for dates & registration.

DROP-INS WELCOME TO ONLINE STUDIO,
MEMBERS & CARD-HOLDERS ONLY FOR DECK
INQUIRIES: SACREDCIRCLESCHOOL@GMAIL.COM