

Octagonal Outdoor Deck Yoga Classes

For Winter

We will be gathering (safely and all bundled up) to be with each other in-person periodically throughout the winter. There will be wholesome and hot beverages included. Stay tuned into the website on the Schedule tab for up-to-date information on “deck offerings”.

Social Responsibility during Pandemic

1. With 6 foot distancing between each mat we offer 7 student capacity on the deck, any overlap will have to participate in the grass.
2. Masks are optional.
3. BYO mat and props.

Special note: For Winter, we ask that everyone show up layered and properly dressed for the cold.

Weather Policy

If it is a snowstorm, we will cancel the deck gathering. All registrants will be notified of this change. Again stay tuned into the Schedule on our website.

Outdoor Deck Comfort-measures Item List

Extra Extra layers!
Blanket for cushioning under or over yoga mat
Water bottle filled...hydrate hydrate hydrate!
Mug for gathering beverage.

Keep scrolling for images of the deck:















